

IN THE UNITED STATES DISTRICT COURT  
FOR THE MIDDLE DISTRICT OF NORTH CAROLINA

Plaintiff, United States of America  
v.  
Defendant, Brian David Hill

Criminal Action No.  
1:13CR435-1

HEALTH DETERIORATION REPORT #1/Week 1

The Defendant hereby files documentation with this court on his (Brian D. Hill) health deterioration while in Forsyth County Detention Center since the county jails do not want to implement insulin to carb ratio before every meal, the nurse does the insulin shot 2 or more hours after eating when the blood sugar goes sky high, and leads to diabetic Ketoacidosis which can cause weight loss. The only time the nurse tests the blood sugar and discovers it is low or normal is when the diabetic exercises a lot to protect health. I am losing weight and am forced to exercise a lot to keep my blood sugar down. Not enough insulin to convert carbs/sugar into energy, so my body uses fat for energy. I am on Lantus but that is not enough to sustain my bodies health. My blood was drawn to lab test my diabetic A1C blood hemoglobin level. Been arrested last Wednesday and has been 1 week and 1 day that I been in Jail. My weight has dropped from 186lbs (est.) to 179.7 (est.) in 8 days. 6 to 7 pounds weight loss total. I declare under penalty of perjury that the foregoing is true and correct. Executed on June 4, 2015.

Brian D. Hill  
Signed

Respectfully filed with the court.

#1908253

Brian David Hill (Pro Se)  
Forsyth County Detention Center  
201 N. Church St.  
Winston Salem, NC 27101

# CERTIFICATE OF SERVICE

I, Brian D. Hill certify that the foregoing  
HEALTH DETERIORATION REPORT # 1/Week 1  
was ~~be~~ deposited in the institution's mailing system on  
June 4, 2015 to be mailed out via United States Postal  
Service, to the Clerk Of The Court which shall send  
notification via CM/ECF (once filed on Docket) to the  
following parties:

U.S. Attorney

- Ripley Rand  
- Anand P. Ramaswamy

U.S. Probation Office

- Chief Philip Williams  
(Western District of Virginia)  
- Deputy Chief Lisa P.

U.S. Marshals  
Office

U.S. Magistrate Judge

Elizabeth Peake  
(The Honorable)

Palombo

- Edward R. Cameron  
(Supervisory USPO)

Defendant

Brian David Hill

Brian D. Hill  
signed

Brian David Hill (Pro Se)  
Forsyth County Detention Center  
201 N. Church St.  
Winston Salem, NC 27101  
#1 908253